



WELCOME



MESSAGE FROM THE LORD MAYOR OF MELBOURNE

The Nike Melbourne Marathon Festival is one of our city's great running events.

Such is its popularity, we're in for a double dose this December with an expanded two-day running festival to get Melbourne moving again.

From elite athletes to weekend runners, I'm so thrilled to see so many Melburnians involved in this iconic event.

The City of Melbourne is proud

With five race distances there's an event for all abilities, taking in some of Melbourne's most iconic sites from Fed Square and the Arts Centre, to the Royal Botanic Gardens and the Shrine of Remembrance, Melbourne's heritage buildings and open spaces provide a course for all to enjoy.

Bring your support crew along to watch as you cross the finish line with a lap of honour inside the hallowed MCG, then refuel after the race at one of our city's cafes or restaurants. There's so many fabulous new dining options to discover and old favourites to rediscover.

to be a long-time supporter of the Nike Melbourne Marathon Festival, and in 2021 we are pleased to present the 3km walk, with free entry for all who register for the event.

Congratulations to the event organisers, and best of luck to all participants.

I can't wait to welcome you back to Melbourne.

Sally Capp Lord Mayor









ACKNOWLEDGMENT OF COUNTRY

The Nike Melbourne Marathon Festival respectfully acknowledges that this event is being held on the traditional lands of the people of the Bunurong Boon Wurrung and Wurundjeri Woi Wurrung peoples of the Eastern Kulin Nation, and pays respect to Elders both past, present and future.

CONTENTS

EVENT DAYS AND TIMES	5
EVENT INFORMATION	6
WARM CLOTHING	7
VERIFY YOUR VACCINATION	8
SPECTATORS	9
MERCH STORE	10
OFFICIAL APP	11
GETTING TO YOUR RACE	12
SATURDAY RACE INFORMATION	13
SATURDAY COURSE MAP	14
SATURDAY EVENT MAP	15
RACE DAY ETIQUETTE	16
SUNDAY RACE INFORMATION	17
SUNDAY COURSE MAP	18
SUNDAY EVENT MAP	19
I'VE FINISHED, NOW WHAT?	20
OFFICIAL CHARITY	21
SUSTAINABILITY	22
PARTNERS	23
#MELBMARA	24

EVENT DAYS AND TIMES





SUNDAY 12 DECEMBER 2021

START LOCATION

Batman Avenue, approximately 150m North of Rod Laver Arena.

42.195KM NIKE MELBOURNE MARATHON

Starts 6am, Sunday 12 December

42.195KM NIKE WHEELCHAIR MARATHON

SATURDAY 11 DECEMBER 2021

START LOCATION

Yarra Park Path, parallel to Jolimont Station.

SRILANKAN AIRLINES 10KM RUN

Starts 3pm, Saturday 11 December

5KM RUN

Starts 5pm, Saturday 11 December

3KM WALK

Starts 6pm, Saturday 11 December Starts 6:55am, Sunday 12 December

21.1KM NIKE HALF MARATHON

Starts 7am, Sunday 12 December



INFORMATION

RACE WEEK OFFICE

The Nike Melbourne Marathon Festival Race Week Office will be operating at two MCG locations during Race Week for the following functions:

- Event Upgrades/Downgrades
- Replacement Race Bib Collection
- General Enquiries

LOCATION 1: MCG CONCOURSE, OUTSIDE GATE 3

DAY	TIME
MONDAY 6 DECEMBER	9:00AM - 5:00PM
TUESDAY 7 DECEMBER	9:00AM – 5:00PM
WEDNESDAY 8 DECEMBER	9:00AM – 5:00PM
THURSDAY 9 DECEMBER	9:00AM – 5:00PM
FRIDAY 10 DECEMBER	6:30AM - 11:00AM

LOCATION 2: ON MCG CONCOURSE, OUTSIDE GATE 2

DAY	TIME
SATURDAY 11 DECEMBER	9:00AM - 8:00PM
SUNDAY 12 DECEMBER	4:00AM – 1:30PM

Sunday Race Week Office is open for general enquiries only, all bib replacements and event changes must be done prior to Sunday 12 Dec.



NARM GLOTHNG



The Warm Clothing service allows competitors to leave a bag of their belongings, to be collected post-race.

SATURDAY 2021

10KM From 1:30pm, Gate 1 on MCG Concourse

5KM & 3KM From 3:30pm, Car Park Entry A via Brunton Avenue.

SUNDAY 11 DECEMBER 12 DECEMBER 2021

MARATHON

From 4:30am, Car Park Entry A via Brunton Avenue.

HALF MARATHON

From 5am, Gate 1 on **MCG** Concourse



VERIFY YOUR VACCINATION No wristband, no run.

You will be required to show proof of vaccination status or a medical exemption when you arrive on site. You can use your phone or bring printed proof. There will be check in points near the MCG, Yarra Park and the Start Line – shown on pages 9 & 10.

Once verified you will receive a wristband which will allow you to freely move into the start chutes and complete your event.

Marshals will be spotting wristbands along the course and visual spotting will occur at the entry to the MCG finish line also – so do not remove your wristband until well after the race and you have exited the MCG. Digital - COVID-19 digital certificate using the Service Victoria app - COVID-19 digital certificate in a smart phone wallet.

Printed - COVID-19 digital certificate or immunisation history statement - Australian Immunisation Register certificate.

An exempt person must provide an immunisation history statement obtained from the Australian Immunisation Register as proof of their exemption this can be obtained through a medical practitioner.

N.B Applies to those aged 12 years and 2 months or older.





SPECTATORS



ENTRY THROUGH GATE 2

Saturday From 2:30pm

Sunday From 7am Friends and family are invited to cheer you on as you cross the finish line. Access into the MCG stands will be free for all spectators.



ON COURSE CHEER ZONE LINLITHGOW AVE

Sunday Only From 6am The Nike Melbourne Marathon Festival's Cheer Zone is situated on Linlithgow Ave, only a few 100ms from Flinders St Station.

Get up close to cheer on runners completing the full and half Marathons. Expect plenty of energy including live bands, DJs, coffee, donuts and a whole lot of cheering.

MERCH STORE

Shop our exclusive Nike Melbourne Marathon Festival Merchandise range!

The Merchandise Store will be located on the MCG Concourse, outside Gate 2.





HOURS

Saturday December 11 9am – 8pm

Sunday December 12 4am – 1:30pm



OFFICIAL APP

Download 2021 Nike Melbourne Marathon Festival app, now available from **Google Play** and the **App Store** for the full **#MelbMara** experience.

FEATURES

LIVESTREAM THE 2021 NIKE MELBOURNE MARATHON FESTIVAL

Tune into the weekend festivities! See winners crossing the MCG finish line, meet some race-day legends and stay updated on the entire day's proceedings.

COMPETITOR TRACKING

Track a competitor while they race! Just insert the bib number of the person you want to track, view live on the map where they are, and get notified of their progress along the way.





CHECK YOUR RESULTS

See your results as soon as you cross the finish line, view who won each race, and check out how your competitors went on the day.

KEY EVENT INFORMATION

Everything you need to know all in the one place.

Stay on top of what's happening! Allow notifications to receive live race-day updates.

SATURDAY 11 DECEMBER 2021 START LINE LOCATION - YARRA PARK PATH (ADJACENT TO JOLIMONT STATION)

SriLankan Airlines 10km - 3:00pm 5km Run - 5:00pm 3km Walk - 6:00pm

SUNDAY 12 DECEMBER 2021 START LINE LOCATION - BATMAN AVENUE (150M NORTH OF ROD LAVER ARENA)

Nike Marathon - 6:00am Nike Wheelchair Marathon - 6:55am Nike Half Marathon - 7:00am





GETTING TO YOUR RACE



PUBLIC TRANSPORT

Public Transport will be available to get you to the Event. Catch the train to Flinders St or Richmond Station. For more info, please visit the PTV website.



BIKES

There are a number of bicycle hoops located next to the stadium in Yarra Park. Please do not park your bike on the MCG concourse.



DROP OFF LOCATION

There are Drop & Go locations on Wellington Parade and Olympic Boulevard for those using a ride share service or are being dropped off by a friend / family member. Refer to Event Maps on pages 15 & 18.



PARKING

The closest parking will be available at Yarra Park, through Gate 5 & 6 – enter off Punt Rd. Gates open at 4am and will fill very quickly.

All other gates are closed, however there are several non-ticket parking areas that surround the MCG.



ROAD CLOSURES

<u>Road closures</u> surrounding the MCG will affect your access to parking and surrounding areas of the Event Precinct.



SATURDAY RACE INFORMATION SATURDAY EVENTS



SRILANKAN ARLINES5K RUN10K 3pm December 115pm December 11

3K WALK 6pm December 11

DRINK STATIONS

Drink stations will be located at a number of locations on course and at the finish line. Science in Sport is proud to fuel your 2021 Nike Melbourne Marathon Festival experience.

There will be key drink stations to help you race your best and recover faster.







SATURDAY COURSE MAP



MELBOURNE MARATHON FESTIVAL

SATURDAY EVENT MAP





SATURDAY START LINE

Yarra Park Path, parallel to Jolimont Station.

CUT OFF TIME

Runner access into the MCG closes at 8pm for all Saturday Events.

15

RACE DAY ETIQUETTE



START LINE

Arrive to the Start Line at least 20 minutes prior to event start time. Be mindful of your competitors and give each other space where possible. Remember, your timing chip activates as you run through the start arch so the minutes it takes to get there won't matter!



TOILETS

Toilets are available at Yarra Park, the Start Line, on course at various Drink Stations and within the MCG. Strictly no public urination!



HEADPHONES

Running with headphones is allowed but discouraged. If you must run to music, use just one earbud and keep the volume low. You need to be aware of what's going on around you, including other competitors, marshals, and volunteers.



NOT PERMITTED

Strictly no bikes, skateboards, rollerblades/skates, scooters, or pets are permitted in any event.



PRAMS

Prams are only permitted in the 3km Walk.

DRINK STATIONS



There is plenty of water and Science in Sport drink for everyone. Instead of diving for the first cup you see, skip the first tables, which are likely to be the most crowded. Make eye contact with the volunteer to alert them that you are going to be taking their cup. Take your drink and exit cautiously. Once finished, please put your empty cup in the dedicated bins.

FINISH LINE

Although you will want to celebrate, there will be competitors coming in right behind you so keep moving through the Finish Line. This is not the place to wait for your mate, you must follow the chute out where we will reward you with your medal!



SUNDAY RACE INFORMATION

SUNDAY EVENTS



NIKE MARATHON 6am December 12 WHEELCHAIR MARATHON 6:55am December 12

WAVE 2

MARATHON 7am December 12

DRINK STATIONS

Drink stations will be located at a number of locations on course and at the finish line. Science in Sport is proud to fuel your 2021 Nike Melbourne Marathon Festival experience. There will be key drink

stations to help you race your best and recover faster.





PERSONAL DRINKS

3 Personal Drink Stations will be available for Full Marathoners only, who wish to provide their own refreshments at designated drink stations on course.

PERSONAL DRINK STATION LOCATIONS

11.2km, 24.5km, 37km

DROP OFF INFORMATION		
DROP OFF LOCATION	OUTSIDE GATE 2 – NEAR CRICKET NETS	
DROP OFF DATES	SATURDAY DECEMBER 11	
DROP OFF TIMES	8AM – 2PM	

SUNDAY COURSE MAP



SUNDAY EVENT MAP



٥	Personal Drinks Drop-Off (Sat. 8am-2pm)
٥	Water Bubbler
	First Aid

Ü	Merchandise
/////	Road Closure
☑	Vaccination Check
P	Parking Entrance (Limited Spaces)

(From 4:30am)

Clothing Drop Off: Half Marathon Enter via Gate 1 (From 4:30am)



SUNDAY START LINE

Batman Avenue, approximately 150m North of Rod Laver Arena.

CUT OFF TIME

Runner access into the MCG closes at 1pm for all Sunday Events.

Marathoners– please be aware of the Alternate Route for those running at a 5+ hour pace.

19

I'VE FINISHED, NOW WHAT?



RESULTS POWERED BY BMW i

Live results will be available from the Nike Melbourne Marathon Festival App. Results will also be published on our website within 24 hours of finishing.



Marathon • Photos •) Live

PHOTOS

Marathon Photos will be snapping your on course and finish line shots. Photos will be available to view and purchase via the Marathon Photos website.

Here, you will be able to download your Finisher's Certificate too.



MEDALS

All competitors will receive a 2021 Nike Melbourne Marathon Festival medallion on their way out of the finish area.

Snap your **@MelbMara** medal moment and show it off via socials on **#MedalMonday** (December 13).



MiTIME captures the final piece of your **#MelbMara** journey with a personalised memento for your well-earned medal.

The custom engraved insert of your name and race time fits perfectly on the back. All MiTIMEs will be mailed out post-event week.

Haven't yet ordered one? Login to your Active account, select **"purchase merchandise"** and add MiTIME to cart!





OFFICIAL CHARITY

The Cerebral Palsy Education Centre (CPEC) has been supporting the Melbourne Marathon for 14 years now, providing hundreds of volunteers that make the event possible. Return the support by donating or setting up a fundraising page today!

CPEC provides children specialised programs that enable them to live their lives as independently as possible. One child every 14 hours will be born with Cerebral Palsy and by helping to raise funds you can help change their lives.



ASSOCIATE CHARITIES









Uniting











It's not too late to make a difference, start fundraising or make a donation today!

OUR ROAD YOUR ROAD

OUR ROAD



LIMITED PROMOTIONAL MATERIAL & REMOVAL OF UNNECESSARY PACKAGING



NEXT GENERATION RECYCLABLE CUPS



SELF-SERVE WATER BUBBLER AT THE START LINE & WITHIN YARRA PARK



DIGITAL EVENT GUIDE



STAFF & VOLUNTEER EDUCATION & TRAINING ON WASTE STREAMS



DISCARDED CLOTHING DONATED TO CHARITY



NEW DEDICATED 'GEL LITTER ZONES' ON COURSE PENALTIES FOR COURSE LITTERING



MCG VENUE POWERED BY RENEWABLE SOLAR PANELS

YOUR ROAD





ASSIST US IN SUSTAINING OUR BEAUTIFUL CITY

PARTNERS //

TITLE PARTNER



PREMIUM PARTNERS





SUPPORT PARTNERS



Marathon Photos Live

_=Transurban

LET'S GET PHYSICAL SOCIAL





